UNITS 1–6

MID-TERM TEST 1A

NAME: _____
DATE: _____
SCORE: _____ /100

A Listen to the conversation between a salesperson and a customer. Choose the correct answer for each question.

1 What does Mateo say about Taka's personality?
- **A** He's good at making friends.
- **B** He's an introvert.
- **C** He's good at talking to people.

2 How has Taka viewed socializing recently?
- **A** as something he isn't really motivated to do
- **B** as something he has enjoyed
- **C** as something that takes up a lot of time

3 What advice does Mateo give about socializing?
- **A** Taka should remember it's a chore.
- **B** Taka should try to enjoy parties.
- **C** Taka should invest time in it.

4 How else does Mateo reassure Taka?
- **A** He says that he's also been tense recently for the same reason.
- **B** He says that he didn't use to be confident either.
- **C** He says there are sure to be other people feeling the same way.

5 What are the drawbacks of being an extrovert, according to Mateo?
- **A** You get invited to lots of parties, which can be tiring.
- **B** There are certain expectations to be fun and sociable.
- **C** You have to change who you are.

_____ /10 (2 points each)

B Listen to the podcast. Circle *True* or *False* for each statement.

1 The organization tests health products before they go on sale. True / False
2 HEALTH2YOU only wants volunteers who are adults. True / False
3 Anyone who agrees to take part needs to have a lot of free time. True / False
4 Volunteers will be paid by the organization. True / False
5 The organization guarantees to help you with any health-related issue. True / False

_____ /10 (2 points each)

C Complete the table with the words in the box.

adapt be capable of be an extrovert be the life of the party be reserved be scared to death
calm down cope with draw attention to overcome one's fear(s) ~~point out~~ think through

Assessing Ideas	Facing Challenges	Describing Personality	Dealing with Emotions
point out			

_____ /11 (1 point each)

D Circle the correct answers.

1 I have no **intention** / **attention** / **exploration** of going to bed early. I want to go to the party!
2 My very old aunt often **forgets** / **misses** / **loses** patience with people who speak softly because she can't hear very well.
3 Poor Jane is so **creepy** / **clumsy** / **endangered** that she's constantly breaking things by accident.
4 One day, our planet is simply going to run out of **satellites** / **resources** / **hits**.
5 I'd like to **steer** / **assess** / **confirm** my kids away from eating candy and drinking soda.
6 Kunlavut is **pointing out** / **overcoming** / **building** an excellent relationship with his new manager.
7 Please can you **raise** / **confirm** / **propose** that the rent has been paid this month?
8 Valeria and Mike are trying hard to raise **awareness** / **satisfaction** / **reputation** of plastic pollution.
9 My cousin doesn't go out much. He's shy and **tricky** / **entertaining** / **reserved**.
10 This book is about the **origin** / **satellite** / **intention** of the universe.
11 After the volcano erupted, a huge search for **publicity** / **survivors** / **extroverts** began.
12 I'm **rational** / **scared** / **conscious** of the fact that you're busy, so I won't keep you long.

_____ /12 (1 point each)

E Complete the conversation with the words in the box.

hoped nerves prepared speak tackle uneasy weird

Bruce: Do you know anything about phobias, Sharon?
Sharon: Sorry. What did you say? Can you [1] _____ up a little?
Bruce: Oh, yes, sorry. I'm asking about phobias, you know, extreme fears. I have an assignment to write by tomorrow.
Sharon: Wow! That's a [2] _____ thing to bring up at eleven o'clock at night! I have a few phobias actually ...
Bruce: Oh, I'm sorry. I didn't realize. I'd understand if you felt [3] _____ about talking about them.
Sharon: It's OK. I'm usually [4] _____ to talk about them. But it is quite late to [5] _____ such a personal subject. Do you mind if we leave it until tomorrow?
Bruce: That's fine, no problem. I hope I'm not getting on your [6] _____.
Sharon: No, not at all. It's just that I'd [7] _____ to have an early night tonight. So I'm going to head to bed.

_____ /7 (1 point each)

F Choose the correct answers.

1 I often walk through the fields, **looking** / **to look** at the birds and flowers.
2 That's the student **who** / **whose** laptop was stolen.
3 My friend Guido is so kind. He's always **send** / **sending** me gifts.
4 Did you **use** / **used** to climb trees when you were a kid?
5 Marva is **so** / **such** busy that she can't take on any more clients.
6 Why are you two arguing with **each other** / **another**? Be kind!
7 When I come across a problem, I **fear** / **tend** to go for a long walk to think things over.
8 My friend Peter hadn't expected to **becoming** / **become** famous so quickly.
9 We'll help you **on the condition that** / **unless** you also help us.
10 It's very cool watching animals **interacting** / **to interact** with each other.

_____ /10 (1 point each)

G Choose the correct sentences.

EXAMPLE The movie, what was incredibly boring, really wasn't worth the money. ☐
The movie, which was incredibly boring, really wasn't worth the money. ☑

1 I was getting error messages on my computer when it crashed. ☐
I was getting error messages on my computer when it had been crashing. ☐
2 You're very kind. You're always thinking about other people. ☐
You're very kind. You're always thinking about another people. ☐
3 This painting is one I painted myself last summer. ☐
This painting is one I painted itself last summer. ☐
4 Whenever you feel down, to come and talk to me. ☐
Whenever you feel down, come and talk to me. ☐

_____ /4 (1 point each)

H Complete the conversation with the words in the box.

announced can't take insisted might use to will would

Rachel: Guess what? They just [1] _____ that our plane would be delayed.

Pedro: You're kidding. Again? It's already been delayed twice!

Rachel: I know. When I went to the check-in desk just now, the airline employee [2] _____ that it [3] _____ be taking off at 10.30. It's already 10.50 and still no plane. The kids [4] _____ much more of this. They're hungry and tired.

Pedro: I know, but they [5] _____ usually calm down if we give them a snack, so let's do that.

Rachel: Good plan. Didn't there [6] _____ be a snack bar right by Gate B?

Pedro: Yes, there definitely was one there. I [7] _____ go and check it out if you keep an eye on the children.

_____ /7 (1 point each)

I Complete the sentences with an appropriate form of the verbs in parentheses ( ).

1 Xavi and Alex _____ (walk) through the park when the storm started.
2 Whenever I _____ (think) about my hometown, I feel homesick.
3 Right now, I'm just _____ (lie) in bed, wishing I could sleep.
4 When we were kids, we _____ (play) in the yard all summer long.
5 I dislike arguments, so I _____ (do) anything to have a quiet, peaceful life.

_____ /5 (1 point each)

J Circle the correct answers.

1 It's **least** / **less** important to be successful than to be kind.
2 I'd definitely **rather** / **prefer** go to Kenya than Germany.
3 This app is **one of the most** / **most** infuriating I've ever used.
4 I'm pleased to say that the report is absolutely **finish** / **finished.**

_____ /4 (1 point each)

K Read the blog post. Then match the statements to *Teacher*, *Fixer*, or *Listener*.

Who are you going to call?

Every week on this blog, I write about one aspect of human psychology. For today's post, I thought I'd take a look at three personality types that can help us all out. Each personality type has its own name. The ones I'm posting about here are "teachers," "fixers," and "listeners," Feel free to add your own comments below.

The Teacher Type

Teachers are people who help others. They can assist you whenever you have a problem. Teachers are good at enabling people to make the right decision by giving advice. If you're not sure who to turn to, a teacher is usually more than happy to guide you. They will often try to steer you away from trouble or conflict. Teachers are also much more likely to weigh the pros and cons of a situation before making an important decision.

The Fixer Type

Fixers are people who can cope with most things! When life gets tough, fixers aren't frightened of tackling a problem. So if you find yourself in an awkward situation, call the fixer! They'll assess and identify the situation and find a solution that is beneficial. Fixers are the least likely people to be pessimists. They're often extremely cheerful and they tend always to look on the bright side. A fixer is the person to cheer you up when you're feeling uneasy, tense, or left out of things.

The Listener Type

Listeners make fabulous friends! A listener will always pay attention to your needs and may quietly monitor your moods. Listeners are great people to build relationships with because they're able to act as "best friends" who can get you through frustrating times in your life. Occasionally, listeners may seem to be introverts, but they're very skilled at interacting with other people. They rarely show off or attract attention to themselves.

1 This is someone who is sociable but unlikely to be an extrovert. _____
2 This is the type of person who helps you avoid difficulties before they begin. _____
3 Nothing much bothers this type of person. _____
4 This person will get you through any tricky situations you're currently dealing with. _____
5 It would be a good idea to talk to this person if you're feeling unhappy. _____

_____ /10 (2 points each)

L Read the article. Choose the correct answer for each question.

There are certain sounds – like the sound of fingernails on a chalkboard – that nearly everyone finds unpleasant and annoying. That's not all that surprising. But you might be more surprised to learn that for some people even everyday sounds – the sound of someone popping their chewing gum, or the sound of someone typing on their keyboard – can provoke extremely negative emotional reactions. Take "Joe" who says that the sound of a crunching apple is so irritating to him that he literally has to leave the room if someone is eating one. While uncommon, people like "Joe" do exist, and they suffer from a condition called misophonia.

Misophonia is a condition in which certain sounds, called trigger sounds, will provoke negative emotions in a person. In mild cases, the sound might only provoke annoyance. In more severe cases, reactions may extend to panic or even rage. Misophonia is poorly understood. There is no agreement on its exact causes, although most researchers do believe its origins are biological rather than psychological. It also seems that misophonia is most commonly associated with repetitive sounds – the ticking of a clock may be a trigger sound, but a passing train probably would not be.

So what's it like living with misophonia? That partially depends on the severity. Most mild sufferers just learn to live with it. But for people with more severe cases, it can be very disruptive to their professional and personal lives. Imagine if you found the sound of plates and knives so irritating that you couldn't go out to dinner with family or friends, or that minor sounds prevented you from working in an office.

Clearly, misophonia is a serious issue for those who suffer from it, so what are their options? There are no medications to treat the condition and people with mild cases tend to find their own solutions, like wearing earplugs or noise-cancelling headphones when they know they will be exposed to a trigger sound. Some patients have also had luck with exposure therapy, where a patient is intentionally exposed to a trigger sound to help them learn to control or at least cope with their reaction. These treatments can be effective in helping people live with misophonia. A cure, however, remains out of reach.

1 What is the purpose of the article?
- **A** to evaluate treatments for a medical condition
- **B** to persuade readers of the seriousness of a medical condition
- **C** to educate readers about a medical condition

2 Which of the following is most likely to be a trigger sound for someone with misophonia?
- **A** the sound of a leaking faucet
- **B** an airplane passing overhead
- **C** loud music coming from a neighbor's house

3 Which of the following statements is true?
- **A** Misophonia doesn't usually result in extreme reactions.
- **B** The cause of misophonia is well known.
- **C** Misophonia is linked to biological factors.

4 The article states that most people with mild misophonia ...
- **A** seek professional help.
- **B** sometimes have to quit their jobs.
- **C** seek no treatment.

5 What does the article say about exposure therapy?
- **A** Patients find it unpleasant but it is effective.
- **B** It's partially effective for some patients.
- **C** It helps some people completely overcome misophonia.

_____ /10 (2 points each)